

# Class schedule – מערכת שעות

December 2018 - 2018 דצמבר



Ramat Aviv – רמת אביב

Friday	Thursday	Wednesday	Tuesday	Monday	Sunday		
Barre au sol 9:30 ★ Sonia Beeri ☺			Jazz 10:00 Ruthie F. ☺	Ballet 10:00 Michael S ☺	Stretching 9:30 ★ Ruthie Forberg ☺		morning
Conditioning 10:00 Emy ☺☺		Jazz 10:00 ★ Ruthie F. ☺☺	Stretching 11:00 Ruthie F.		Ballet 10:30 Sonia Berri ☺		
Modern Jazz 10:30 ★ Ruthie F. ☺☺				Lyrical jazz 11:00 ★ Natalie R. ☺☺	Jazz 11:30 ★ Roy Halevi ☺☺		
Ballet 10:30 Sonia Berri ☺							
Jazz 12:00 ★ Roy Halevi ☺☺						a	
Lyrical Jazz 13:30 ★ Maayan Travish						b	16:00
						c	
<b>Saturday</b>							
Ballet 10:00 ★ Alexander A. ☺☺			TRX Ruthie F			a	17:00
Yoga 10:00 Yuval S.						b	
						c	
Functional training Shay Ravid 11:00						a	18:00
Modern Jazz 11:30 ★ Maya Mishal ☺☺		Kickboxing Lee Aroch ☺	Stretching Ruthie F.		Kickboxing Lee Aroch ☺	b	
	Ballet – intro Shachar	Ballet-intro Alexander autkin	Lyrical Jazz- Intro Roy Halevi		Ballet – intro Alexander autkin	c	
סטודיו 101	Jazz 19:30 ★ Maya Mishal ☺	Modern Jazz Ruthie Forberg ☺	Contemporary ★ Roy Halevi ☺☺	Modern Jazz –intro Ruthie Forberg	Modern Jazz –intro Ruthie Forberg	a	19:00
	Hip hop Shai B. ☺	Functional training Shay Ravid	Hiit +TRX Lee Aroch ☺☺	Conditioning Lee Aroch ☺☺	Ballet ★ Maayan ☺☺	b	
	Kickboxing Lee Aroch ☺	Dancehall Eliah Baressi ☺☺	Hip Hop Marvin Kasey	Hip hop Daniel H.	Dancehall Eliah Baressi ☺☺	c	
	X	Jazz Maya Mishal ☺	X	Jazz Maya Mishal ☺	Lyrical Jazz 20:30 ★ Rom Sacher ☺☺	א	20:00
	Conditioning Lee Aroch ☺☺	Hip Hop Natalie R. ☺	Kickboxing Lee Aroch ☺	Kickboxing Lee Aroch ☺	Hip hop Sapir ☺	ב	
	Ballet – point work Maayan T.	Nia Einat Barda	Yoga Yuval S.	Ballet Maayan ☺	X	ג	
	Lyrical Jazz 21:00 ★ Maayan T. ☺☺	Lyrical jazz 21:00 ★ Natalie R. ☺☺		Lyrical Jazz 21:00 ★ Maayan T. ☺☺			

Advanced - ☺ Intermediate - ☺ beginners - ☺ ★ - Classes lasting an hour and a half

100 שעות Hours	50 שעות Hours	24 שעות Hours	16 שעות Hours	12 שעות Hours	8 שעות Hours	6 שעות Hours	4 שעות Hours		שיעור חד פעמי
2940	1720	895	610	510	370	315	225	מחיר: ₪ Price	₪ 65 שעה
1 שנה Year	6 חודשים Months	3 חודשים Months	2 חודשים Months	1 חודש Month	1 חודש Month	1 חודש Month	1 חודש Month	תוקף: valid	₪ 90 שעה וחצי

Price	₪ 5200	₪ 3060	₪ 1680	₪ 590	מחיר
Validity	שנה 1 year	6 חודשים 6 Months	3 חודשים 3 Months	חודש 1 Month	תוקף